



Monroe Street Pool

3401 Monroe Street
760-602-4685

The Monroe Street Pool includes a 25-yard by 25-meter pool, two 1-meter diving boards, a shallow play area and access ramp, six sets of bleachers and plenty of deck space.

The Aquatic Building includes tiled shower areas, changing and locker facilities and rest rooms. The entire facility is designed for easy access to all. Lockers are available if you bring your own lock and remove it daily. **Parking is limited to current users of the pool; please sign in and record your parking space number at the front desk.**

Periodic Emergency Action Plan drills will take place at any time of day and will last for no more than 15 minutes. These drills are designed to enhance and test lifeguards skills, which results in better safety for all users. Your cooperation is necessary and appreciated.

Per Admission Fees (*Proof of residency required.)

Youth/Teen 17 & under.....	\$2
Adult Resident*	\$3
Adult Non-Resident.....	\$4

Discount Passes

	Individual R/NR	Family R/NR
10 Swims Pass	\$30/\$40	—
One Month	\$35/\$50	\$47/\$72
Four Month	\$60/\$90	\$95/\$120

For additional information please go to www.carlsbadca.gov/parksand recreation, select the Aquatics tab, select Recreation and lap swim and select Discount pass options.

Recreation Swim ♥

During recreation swim times, the shallow and deep end play areas and the diving boards are open and bag check service is available at no cost. Children under 8 **who are unable to pass the swim test must** be accompanied by an adult in the water. Two children under 8 are admitted free with a paying adult **who will be accompanying them in the water**. To enter deep water you must demonstrate your swimming ability to the lifeguard. The diving boards are open from 1:30-4 p.m. and 6-7:30 p.m. weekdays and 12-4 p.m. weekends.

Adult Lap Swim ♥

Adult lap swim is open to those ages 16 & older who wish to swim for fitness. Please swim in the appropriate speed lane and circle swim if there are more than two swimmers in the lane. A pace clock, kickboards and pull-buoys are available on deck.

Summer Schedule: June 18-August 26, 2012

Monday-Friday

6-7:15 a.m.	ADULT Lap Swim
12-1:30 p.m.	ADULT Lap Swim
1:30-4 p.m.	Recreation and Lap Swim
5:45-7:30 p.m.	Recreation and Lap Swim

Weekends

12-4 p.m.	Recreation and Lap Swim
-----------	-------------------------

NOTE: Additional adult lap swim times may be available, please check with staff.

Instructional Classes ♥

American Red Cross standards are taught by Water Safety Instructors. To assist you in placing your child into the right level come to our free skill level testing at the Monroe Street Pool through June 10th between 12:30-1:15 p.m. and 5:30-6:30 p.m., Monday through Friday and 12:30-3 p.m. weekends. After June 18th, come during any recreation swim time.

Classes are held:

- Monday-Friday in sessions **SA through SE**;
- Saturdays in sessions **SF and SG**.

Monday-Friday Sessions

SA	June 18 - June 29
SB	July 2 - July 13*
SC	July 16 - July 27
SD	July 30 - Aug 10
SE	Aug 13 - Aug 24

Saturday Sessions

SF	June 23 - July 21
SG	July 28 - August 25

***No Classes on Wednesday, July 4, 2012**

Registration Procedures for Sessions SD, SE and SG

- Resident **ONLINE REGISTRATION** at www.CarlsbadConnect.org begins Monday, July 9th.
- Phone (760-602-4685), walk-in, mail and online registration (including non-residents) begins Wednesday, July 11th at 9:30 a.m. and continues during Monroe Street Pool office hours. **Be prepared to show proof of residency.**
Monday-Friday: 6 a.m.-7 p.m.
Weekends: 12-3:30 p.m.

Activities and classes with ♥ offer a health and wellness benefit to the participant.

Masters Swim Program

A coached fitness 1-1/4 hour workout, available year-round. For additional information go to www.carlsbadca.gov/parksandrecreation, select the Aquatics tab, and select Masters swim.

TIME	DAYS	DATE	TERM	R/NR FEE
6:00am, 12:00pm	M-F	year-round	1c	\$4/\$6
8:00am	Sa/Holidays	year-round	1c	\$4/\$6

Volunteers Needed

Earn free swimming! If you are a young person looking to build references for that first job application, or an adult willing to share some of your people skills and have a least Level 4 swim skills, we can use your help as an instructor aide. If you are interested please see the staff to fill out a volunteer application. Thanks!

Learn to Swim

Adult/Teen Swim Instruction

No minimum skills. Semi-individualized instruction for beginners through Level 4 swim ability, taught in a group setting. No class July 4th.

Age: 16Y - 99Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
52223	5:10-5:40pm	M-F	Jun 18-29	10c	\$50/\$70
52224	5:10-5:40pm	M-F	Jul 2-13	9c	\$45/\$65
52225	5:10-5:40pm	M-F	Jul 16-27	10c	\$50/\$70
52226	5:10-5:40pm	M-F	Jul 30-Aug 10	10c	\$50/\$70
52227	5:10-5:40pm	M-F	Aug 13-24	10c	\$50/\$70

Individualized Swim Lessons

Perfect for Pre-school and Learn to Swim Level 1-3 students who just need a dose of 'one on one' attention to master a skill set. To prepare a pro-active lesson plan, the registration process requires an estimate of the child's current swim lesson level.

CANCELLATION/REFUND POLICY: Cancellations MUST be made 24 hours prior to the scheduled class for a full refund or credit. No refunds or credits will be issued if a cancellation request is placed less than 24 hours prior to the lesson. Instructors will wait 10 minutes for late arrivals. After this time it will be counted as a 'no show' and no refunds or credits will be granted. If a participant falls ill or has a medical emergency a signed medical statement from a physician must be received in order to receive a credit.

Age: 4Y - 11Y

TIME	DAYS	DATE	TERM	R/NR FEES
11:55am-12:25pm	M-F	Jun 18-Aug 28	1c	\$25/\$35
12:30-1:00pm	M-F	Jun 18-Aug 28	1c	\$25/\$35

Level 1: Intro to Water Skills

Skills taught include: enter and exit water safely; blow bubbles; retrieve submerged objects; front and back glides and floats; roll from front to back and back to front; tread water; alternating, simultaneous and combined leg and arm actions on front and back; recognizing an emergency and knowing how to call for help; use of a life jacket, recognizing lifeguards and sun safety. No class July 4th.

Age: 5Y - 15Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
52481	9:00-9:30am	M-F	Jun 18-29	10c	\$50/\$70
52482	10:10-10:40am	M-F	Jun 18-29	10c	\$50/\$70
52917	4:00-4:30pm	M-F	Jun 18-29	10c	\$50/\$70
52955	10:50-11:20am	Sa	Jun 23-Jul 21	5c	\$25/\$35
52956	11:25-11:55am	Sa	Jun 23-Jul 21	5c	\$25/\$35
52918	9:00-9:30am	M-F	Jul 2-13	9c	\$45/\$65
52483	10:10-10:40am	M-F	Jul 2-13	9c	\$45/\$65
52484	4:00-4:30pm	M-F	Jul 2-13	9c	\$45/\$65

52489	9:00-9:30pm	M-F	Jul 16-27	10c	\$50/\$70
52485	10:10-10:40am	M-F	Jul 16-27	10c	\$50/\$70
52486	4:00-4:30pm	M-F	Jul 16-27	10c	\$50/\$70
52957	10:50-11:20am	Sa	Jul 28-Aug 25	5c	\$25/\$35
52958	11:25-11:55am	Sa	Jul 28-Aug 25	5c	\$25/\$35
52490	9:00-9:30am	M-F	Jul 30-Aug 10	10c	\$50/\$70
52487	10:10-10:40am	M-F	Jul 30-Aug 10	10c	\$50/\$70
52923	4:00-4:30pm	M-F	Jul 30-Aug 10	10c	\$50/\$70
52924	9:00-9:30am	M-F	Aug 13-24	10c	\$50/\$70
52488	10:10-10:40am	M-F	Aug 13-24	10c	\$50/\$70
52925	4:00-4:30pm	M-F	Aug 13-24	10c	\$50/\$70

Level 2: Fundamental Aquatic Skills

Skills taught include those in Level 1 as well as: enter water by jumping from the side; fully submerge and hold breath; bobbing; open eyes under water and retrieve submerged objects; front, jellyfish and tuck floats unsupported; front and back glides and floats; roll from front to back and back to front; change direction of travel while swimming on front or back; tread water using arm and leg actions; combined arm and leg actions on front and back; finning arm action; learn how to stay safe in, on and around the water, including the use of life jacket and sun safety. No class July 4th.

Age: 5Y - 15Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
52971	9:00-9:30am	M-F	Jun 18-29	10c	\$50/\$70
52491	9:35-10:05am	M-F	Jun 18-29	10c	\$50/\$70
52492	10:45-11:15am	M-F	Jun 18-29	10c	\$50/\$70
52493	11:20-11:50am	M-F	Jun 18-29	10c	\$50/\$70
52494	4:00-4:30pm	M-F	Jun 18-29	10c	\$50/\$70
52495	5:10-5:40pm	M-F	Jun 18-29	10c	\$50/\$70
52511	10:15-10:45am	Sa	Jun 23-Jul 21	5c	\$25/\$35
52959	11:25-11:55am	Sa	Jun 23-Jul 21	5c	\$25/\$35
52972	9:00-9:30am	M-F	Jul 2-13	9c	\$45/\$65
52496	9:35-10:05am	M-F	Jul 2-13	9c	\$45/\$65
52497	10:45-11:15am	M-F	Jul 2-13	9c	\$45/\$65
52926	11:20-11:50am	M-F	Jul 2-13	9c	\$45/\$65
52927	4:00-4:30pm	M-F	Jul 2-13	9c	\$45/\$65
52928	5:10-5:40pm	M-F	Jul 2-13	9c	\$45/\$65
52973	9:00-9:30am	M-F	Jul 16-27	10c	\$50/\$70
52500	9:35-10:05am	M-F	Jul 16-27	10c	\$50/\$70
52501	10:45-11:15am	M-F	Jul 16-27	10c	\$50/\$70
52513	11:20-11:50am	M-F	Jul 16-27	10c	\$50/\$70
52502	4:00-4:30pm	M-F	Jul 16-27	10c	\$50/\$70
52503	5:10-5:40pm	M-F	Jul 16-27	10c	\$50/\$70
52512	10:15-10:45am	Sa	Jul 28-Aug 25	5c	\$25/\$35
52960	11:25-11:55am	Sa	Jul 28-Aug 25	5c	\$25/\$35
52974	9:00-9:30am	M-F	Jul 30-Aug 10	10c	\$50/\$70
52504	9:35-10:05am	M-F	Jul 30-Aug 10	10c	\$50/\$70
52505	10:45-11:15am	M-F	Jul 30-Aug 10	10c	\$50/\$70
52509	11:20-11:50am	M-F	Jul 30-Aug 10	10c	\$50/\$70
52506	4:00-4:30pm	M-F	Jul 30-Aug 10	10c	\$50/\$70
52929	5:10-5:40pm	M-F	Jul 30-Aug 10	10c	\$50/\$70
52975	9:00-9:30am	M-F	Aug 13-24	10c	\$50/\$70
52507	9:35-10:05am	M-F	Aug 13-24	10c	\$50/\$70
52508	10:45-11:15am	M-F	Aug 13-24	10c	\$50/\$70
52930	11:20-11:50am	M-F	Aug 13-24	10c	\$50/\$70
52499	4:00-4:30pm	M-F	Aug 13-24	10c	\$50/\$70
52510	5:10-5:40pm	M-F	Aug 13-24	10c	\$50/\$70

Level 3: Stroke Development

Must have passed or mastered all Level 2 requirements without support. Skills taught/completion requirements include: headfirst entries from the side in sitting and kneeling positions; bobbing to safety; rotary breathing 10x's; survival float, back float and tread water all for 30 seconds+; flutter, scissor, dolphin and breaststroke kicks on

front; front crawl stroke and elementary backstroke 25 meters; learn to perform simple non-swimming assists; learn to recognize, prevent and respond to cold water emergencies. No class July 4th.

Age: 5Y - 15Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
52976	9:00-9:30am	M-F	Jun 18-29	10c	\$50/\$70
52516	9:35-10:05am	M-F	Jun 18-29	10c	\$50/\$70
52517	10:10-10:40am	M-F	Jun 18-29	10c	\$50/\$70
52518	10:45-11:15am	M-F	Jun 18-29	10c	\$50/\$70
52932	4:00-4:30pm	M-F	Jun 18-29	10c	\$50/\$70
52931	4:35-5:05pm	M-F	Jun 18-29	10c	\$50/\$70
52544	10:15-10:45am	Sa	Jun 23-Jul 21	5c	\$25/\$35
52961	10:50-11:20am	Sa	Jun 23-Jul 21	5c	\$25/\$35
52546	11:25-11:55am	Sa	Jun 23-Jul 21	5c	\$25/\$35
52977	9:00-9:30am	M-F	Jul 2-13	9c	\$45/\$65
52522	9:35-10:05am	M-F	Jul 2-13	9c	\$45/\$65
52523	10:10-10:40am	M-F	Jul 2-13	9c	\$45/\$65
52524	10:45-11:15am	M-F	Jul 2-13	9c	\$45/\$65
52526	4:00-4:30pm	M-F	Jul 2-13	9c	\$45/\$65
52552	4:35-5:05pm	M-F	Jul 2-13	9c	\$45/\$65
52978	9:00-9:30am	M-F	Jul 16-27	10c	\$50/\$70
52528	9:35-10:05am	M-F	Jul 16-27	10c	\$50/\$70
52529	10:10-10:40am	M-F	Jul 16-27	10c	\$50/\$70
52530	10:45-11:15am	M-F	Jul 16-27	10c	\$50/\$70
52532	4:00-4:30pm	M-F	Jul 16-27	10c	\$50/\$70
52533	4:35-5:05pm	M-F	Jul 16-27	10c	\$50/\$70
52545	10:15-10:45am	Sa	Jul 28-Aug 25	5c	\$25/\$35
52962	10:50-11:20am	Sa	Jul 28-Aug 25	5c	\$25/\$35
52547	11:25-11:55am	Sa	Jul 28-Aug 25	5c	\$25/\$35
52979	9:00-9:30am	M-F	Jul 30-Aug 10	10c	\$50/\$70
52534	9:35-10:05am	M-F	Jul 30-Aug 10	10c	\$50/\$70
52535	10:10-10:40am	M-F	Jul 30-Aug 10	10c	\$50/\$70
52536	10:45-11:15am	M-F	Jul 30-Aug 10	10c	\$50/\$70
52537	4:00-4:30pm	M-F	Jul 30-Aug 10	10c	\$50/\$70
52555	4:35-5:05pm	M-F	Jul 30-Aug 10	10c	\$50/\$70
52980	9:00-9:30am	M-F	Aug 13-24	10c	\$50/\$70
52538	9:35-10:05am	M-F	Aug 13-24	10c	\$50/\$70
52551	10:10-10:40am	M-F	Aug 13-24	10c	\$50/\$70
52540	10:45-11:15am	M-F	Aug 13-24	10c	\$50/\$70
52542	4:00-4:30pm	M-F	Aug 13-24	10c	\$50/\$70
52543	4:35-5:05pm	M-F	Aug 13-24	10c	\$50/\$70

Level 4: Stroke Development

Must have passed or mastered all Level 3 requirements. Must be able to swim 25 meters or more in deep water without stopping. Skills taught/completion requirements include: headfirst entries from the side in compact and stride positions; swim under water; feet first surface dive; survival swimming; front crawl and backstroke open turns; tread water using two different kicks; front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly; flutter and dolphin kicks on back; learn about recreational water illnesses and how to prevent them. No class July 4th.

Age: 6Y - 15Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
52564	9:35-10:05am	M-F	Jun 18-29	10c	\$50/\$70
52556	10:10-10:40am	M-F	Jun 18-29	10c	\$50/\$70
52558	10:45-11:15am	M-F	Jun 18-29	10c	\$50/\$70
52559	11:20-11:50am	M-F	Jun 18-29	10c	\$50/\$70
52569	4:35-5:05pm	M-F	Jun 18-29	10c	\$50/\$70
52933	5:10-5:40pm	M-F	Jun 18-29	10c	\$50/\$70
52586	10:50-11:20am	Sa	Jun 23-Jul 21	5c	\$25/\$35
52588	11:25-11:55am	Sa	Jun 23-Jul 21	5c	\$25/\$35
52561	9:35-10:05am	M-F	Jul 2-13	9c	\$45/\$65
52562	10:10-10:40am	M-F	Jul 2-13	9c	\$45/\$65
52563	10:45-11:15am	M-F	Jul 2-13	9c	\$45/\$65

City of Carlsbad Parks & Recreation

You get a delicious pizza... kids in Carlsbad get memories that can last a lifetime.

THAT PIZZA PLACE

20% of all food & beverage sales at That Pizza Place will be donated to the city's Opportunity Grants program.

Pizza for a Cause

Monday, June 18th
5 to 10 P.M.

That Pizza Place
2622 El Camino Real

Opportunity Grants give low-income Carlsbad families a chance to send their kids to swim lessons, camps, classes and other Parks & Recreation activities

CITY OF CARLSBAD
Parks & Recreation
760-434-2826
www.carlsbadca.gov/parksandrec

Aquatics

52565	11:20-11:50am	M-F	Jul 2-13	9c	\$45/\$65
52567	4:35-5:05pm	M-F	Jul 2-13	9c	\$45/\$65
52592	5:10-5:40pm	M-F	Jul 2-13	9c	\$45/\$65
52568	9:35-10:05am	M-F	Jul 16-27	10c	\$50/\$70
52570	10:10-10:40am	M-F	Jul 16-27	10c	\$50/\$70
52571	10:45-11:15am	M-F	Jul 16-27	10c	\$50/\$70
52572	11:20-11:50am	M-F	Jul 16-27	10c	\$50/\$70
52574	4:35-5:05pm	M-F	Jul 16-27	10c	\$50/\$70
52934	5:10-5:40pm	M-F	Jul 16-27	10c	\$50/\$70
52587	10:50-11:20am	Sa	Jul 28-Aug 25	5c	\$25/\$35
52589	11:25-11:55am	Sa	Jul 28-Aug 25	5c	\$25/\$35
52575	9:35-10:05am	M-F	Jul 30-Aug 10	10c	\$50/\$70
52576	10:10-10:40am	M-F	Jul 30-Aug 10	10c	\$50/\$70
52577	10:45-11:15am	M-F	Jul 30-Aug 10	10c	\$50/\$70
52578	11:20-11:50am	M-F	Jul 30-Aug 10	10c	\$50/\$70
52580	4:35-5:05pm	M-F	Jul 30-Aug 10	10c	\$50/\$70
52935	5:10-5:40pm	M-F	Jul 30-Aug 10	10c	\$50/\$70
52581	10:10-10:40am	M-F	Aug 13-24	10c	\$50/\$70
52582	10:45-11:15am	M-F	Aug 13-24	10c	\$50/\$70
52937	11:20-11:50am	M-F	Aug 13-24	10c	\$50/\$70
52583	9:35-10:05am	M-F	Aug 13-24	10c	\$50/\$70
52585	4:35-5:05pm	M-F	Aug 13-24	10c	\$50/\$70
52936	5:10-5:40pm	M-F	Aug 13-24	10c	\$50/\$70

Level 5: Stroke Refinement

Must have passed or mastered Level 4 requirements. Skills taught include: shallow-angle dive from the side then glide and begin a front stroke; tuck and pike surface dives; front flip turn and backstroke flip turn while swimming; front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly; sculling; learn what to think

about and do when exhausted or caught in a dangerous situation; learn how to call for help and the importance of knowing first aid and CPR; learn basic safety guidelines for participating in aquatic activities at water parks. No class July 4th.

Age: 6Y - 15Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
52938	9:35-10:05am	M-F	Jun 18-29	10c	\$50/\$70
52939	10:10-10:40am	M-F	Jun 18-29	10c	\$50/\$70
52593	10:45-11:15am	M-F	Jun 18-29	10c	\$50/\$70
52594	4:00-4:30pm	M-F	Jun 18-29	10c	\$50/\$70
52609	10:15-10:45am	Sa	Jun 23-Jul 21	5c	\$25/\$35
52595	9:35-10:05am	M-F	Jul 2-13	9c	\$45/\$65
52596	10:10-10:40am	M-F	Jul 2-13	9c	\$45/\$65
52597	10:45-11:15am	M-F	Jul 2-13	9c	\$45/\$65
52600	4:00-4:30pm	M-F	Jul 2-13	9c	\$45/\$65
52940	9:35-10:05am	M-F	Jul 16-27	10c	\$50/\$70
52602	10:10-10:40am	M-F	Jul 16-27	10c	\$50/\$70
52603	10:45-11:15am	M-F	Jul 16-27	10c	\$50/\$70
52604	4:00-4:30pm	M-F	Jul 16-27	10c	\$50/\$70
52610	10:15-10:45am	Sa	Jul 28-Aug 25	5c	\$25/\$35
52605	9:35-10:05am	M-F	Jul 30-Aug 10	10c	\$50/\$70
52606	10:10-10:40am	M-F	Jul 30-Aug 10	10c	\$50/\$70
52941	10:45-11:15am	M-F	Jul 30-Aug 10	10c	\$50/\$70
52942	4:00-4:30pm	M-F	Jul 30-Aug 10	10c	\$50/\$70
52601	9:35-10:05am	M-F	Aug 13-24	10c	\$50/\$70
52943	10:45-11:15am	M-F	Aug 13-24	10c	\$50/\$70
52599	10:10-10:40am	M-F	Aug 13-24	10c	\$50/\$70
52944	4:00-4:30pm	M-F	Aug 13-24	10c	\$50/\$70

Level 6: Advanced Swim

Must have passed or mastered Level 5 requirements. Skills taught include: front crawl at least 200m, back crawl at least 200m, breaststroke at least 100m, elementary backstroke at least 100m, sidestroke at least 100m, butterfly at least 100m and open/flip turns for all strokes. No class July 4th.

Age: 6Y - 99Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
52945	10:10-10:40am	M-F	Jun 18-29	10c	\$50/\$70
52946	4:35-5:05pm	M-F	Jun 18-29	10c	\$50/\$70
52947	10:10-10:40am	M-F	Jul 2-13	9c	\$45/\$65
52618	4:35-5:05pm	M-F	Jul 2-13	9c	\$45/\$65
52950	10:10-10:40am	M-F	Jul 16-27	10c	\$50/\$70
52949	4:35-5:05pm	M-F	Jul 16-27	10c	\$50/\$70
52948	10:10-10:40am	M-F	Jul 30-Aug 10	10c	\$50/\$70
52616	4:35-5:05pm	M-F	Jul 30-Aug 10	10c	\$50/\$70
52617	10:10-10:40am	M-F	Aug 13-24	10c	\$50/\$70
52619	4:35-5:05pm	M-F	Aug 13-24	10c	\$50/\$70

Springboard Diving: Beginning

Participant skills minimum: swimming Level 4 or above (no age minimum). This course will be taught by an experienced springboard diver and instructor. Participants will learn the basic fundamentals of diving including the front approach; hurdle and take off from the board; backward take off from the board; front and back jumps in the tuck, pike and straight position; and a front and back dive. Intermediate to advanced instruction and competition is offered at the pool through Dive San Diego. Please call (760) 201-9242. No class July 4th.

Age: 6Y - 99Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
52711	10:45-11:15am	M-F	Jun 18-29	10c	\$50/\$70
52704	11:20-11:50am	M-F	Jun 18-29	10c	\$50/\$70
52712	10:45-11:15am	M-F	Jul 2-13	9c	\$45/\$65
52705	11:20-11:50am	M-F	Jul 2-13	9c	\$45/\$65
52709	10:45-11:15am	M-F	Jul 16-27	10c	\$50/\$70
52706	11:20-11:50am	M-F	Jul 16-27	10c	\$50/\$70

City of Carlsbad Parks & Recreation

Adopt-A-Trail

Support Recreation in your Community

Keep Carlsbad's trails safe, useable and enjoyable for everyone by "adopting" a trail. Groups can make a one-year commitment to provide volunteers to support a specific trail, or donate funds toward specific trail projects.

For a list of available Adopt-A-Trail projects, call 760-434-2978.

Sign up TODAY!



52710	10:45-11:15am	M-F	Jul 30-Aug 10	10c	\$50/\$70
52707	11:20-11:50am	M-F	Jul 30-Aug 10	10c	\$50/\$70
52713	10:45-11:15am	M-F	Aug 13-24	10c	\$50/\$70
52708	11:20-11:50am	M-F	Aug 13-24	10c	\$50/\$70

Parent and Child Aquatics

Parent Infant/Tot Aquatics

For parents (1 or both) and infants ages 6 months to 3 years. Emphasis is placed on water adjustment. NOTE: Infants and tots must wear plastic pants over their swim diapers while they are in the water. Skills taught include: water adjustment and entry; bubble blowing; underwater exploration; front float, glide and leg action; back float, glide and leg action; rolling over/choosing or using life jackets. All skills require parent contact. No class July 4th.

Age: 6M - 3Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
52631	10:45-11:15am	M-F	Jun 18-29	10c	\$50/\$70
52893	4:35-5:05pm	M-F	Jun 18-29	10c	\$50/\$70
52620	10:50-11:20am	Sa	Jun 23-Jul 21	5c	\$25/\$35
52622	4:40-5:10pm	Sa	Jun 23-Jul 21	5c	\$25/\$35
52632	10:45-11:15am	M-F	Jul 2-13	9c	\$45/\$65
52628	4:35-5:05pm	M-F	Jul 2-13	9c	\$45/\$65
52635	10:45-11:15am	M-F	Jul 16-27	10c	\$50/\$70
52634	4:35-5:05pm	M-F	Jul 16-27	10c	\$50/\$70
52621	10:50-11:20am	Sa	Jul 28-Aug 25	5c	\$25/\$35
52623	4:40-5:10pm	Sa	Jul 28-Aug 25	5c	\$25/\$35
52894	10:45-11:15am	M-F	Jul 30-Aug 10	10c	\$50/\$70
52895	4:35-5:05pm	M-F	Jul 30-Aug 10	10c	\$50/\$70
52627	10:45-11:15am	M-F	Aug 13-24	10c	\$50/\$70
52625	4:35-5:05pm	M-F	Aug 13-24	10c	\$50/\$70

Preschool Aquatics ♥

Preschool Aquatics 1

For children ages 3 to 5 years old. Parent participation required. Skills taught/completion requirements include: enter and exit water; blow bubbles through mouth and nose; submerge mouth, nose and eyes; open eyes under water and retrieve submerged objects; front and back glides; back float and recover to a vertical position; roll from front to back and back to front; tread with arm and hand actions; alternating and simultaneous leg actions on front and back; combined arm and leg actions on front and back; experience wearing a life jacket in the water; learn how to stay safe in, on and around the water, including sun safety. No class July 4th.

Age: 3Y - 5Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
52645	9:35-10:05am	M-F	Jun 18-29	10c	\$50/\$70
52646	11:20-11:50am	M-F	Jun 18-29	10c	\$50/\$70
52648	5:10-5:40pm	M-F	Jun 18-29	10c	\$50/\$70
52657	10:15-10:45am	Sa	Jun 23-Jul 21	5c	\$25/\$35
52659	4:05-4:35pm	Sa	Jun 23-Jul 21	5c	\$25/\$35
52651	9:35-10:05am	M-F	Jul 2-13	9c	\$45/\$65
52650	11:20-11:50am	M-F	Jul 2-13	9c	\$45/\$65
52896	5:10-5:40pm	M-F	Jul 2-13	9c	\$45/\$65
52647	9:35-10:05am	M-F	Jul 16-27	10c	\$50/\$70
52653	11:20-11:50am	M-F	Jul 16-27	10c	\$50/\$70
52897	5:10-5:40pm	M-F	Jul 16-27	10c	\$50/\$70
52660	10:15-10:45am	Sa	Jul 28-Aug 25	5c	\$25/\$35
52658	4:05-4:35pm	Sa	Jul 28-Aug 25	5c	\$25/\$35
52899	9:35-10:05am	M-F	Jul 30-Aug 10	10c	\$50/\$70
52654	11:20-11:50am	M-F	Jul 30-Aug 10	10c	\$50/\$70
52898	5:10-5:40pm	M-F	Jul 30-Aug 10	10c	\$50/\$70
52901	9:35-10:05am	M-F	Aug 13-24	10c	\$50/\$70
52656	11:20-11:50am	M-F	Aug 13-24	10c	\$50/\$70
52900	5:10-5:40pm	M-F	Aug 13-24	10c	\$50/\$70

Preschool Aquatics 2

For children ages 3 to 5 who have mastered all Preschool Aquatics 1 skills. Parent participation is required. Skills taught with support include: exit water using ladder, steps or side; bobbing; open eyes under water and retrieve submerged objects; front and back floats and glides; roll from front to back and back to front; tread water using arm and leg actions; combined arm and leg actions on front and back; finning arm action on back. No class July 4th.

Age: 3Y - 5Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
52662	9:00-9:30am	M-F	Jun 18-29	10c	\$50/\$70
52663	10:10-10:40am	M-F	Jun 18-29	10c	\$50/\$70
52902	11:20-11:50am	M-F	Jun 18-29	10c	\$50/\$70
52904	4:00-4:30pm	M-F	Jun 18-29	10c	\$50/\$70
52903	5:10-5:40pm	M-F	Jun 18-29	10c	\$50/\$70
52679	10:15-10:45am	Sa	Jun 23-Jul 21	5c	\$25/\$35
52681	11:25-11:55am	Sa	Jun 23-Jul 21	5c	\$25/\$35
52952	4:40-5:10pm	Sa	Jun 23-Jul 21	5c	\$25/\$35
52664	9:00-9:30am	M-F	Jul 2-13	9c	\$45/\$65
52905	10:10-10:40am	M-F	Jul 2-13	9c	\$45/\$65
52665	11:20-11:50am	M-F	Jul 2-13	9c	\$45/\$65
52672	4:00-4:30pm	M-F	Jul 2-13	9c	\$45/\$65
52666	5:10-5:40pm	M-F	Jul 2-13	9c	\$45/\$65
52667	9:00-9:30am	M-F	Jul 16-27	10c	\$50/\$70
52906	10:10-10:40am	M-F	Jul 16-27	10c	\$50/\$70
52668	11:20-11:50am	M-F	Jul 16-27	10c	\$50/\$70
52908	4:00-4:30pm	M-F	Jul 16-27	10c	\$50/\$70
52669	5:10-5:40pm	M-F	Jul 16-27	10c	\$50/\$70
52680	10:15-10:45am	Sa	Jul 28-Aug 25	5c	\$25/\$35

City of Carlsbad Parks & Recreation

Dinner & A Movie

FRIDAY, AUG. 17, 6:30 p.m.

Tickets: \$30 per person

Advance sales only – no sales at the door.

Only 150 tickets available.

**Proceeds benefit Carrillo
Ranch Trust Fund.**

CLASS #49488



**Film schedules and event information:
www.leocarrilloranch.org
or call 760-476-1042**

City of Carlsbad Parks & Recreation



Join us the first Friday of each month from 4:30-8:30 p.m. for an **AMAZING** night out. Your parents can drop you off and let you have a break while they go do what parents do. Each month has a new theme and new activities.

**And the best part is,
it is only \$25/\$35
for the night!!!**

Ages 4 - 12



Class#	Date	Place	Theme
53292	6/1/12	Stagecoach	Magic Spectacular
53293	7/6/12	Harding	Cooking Fun & Games
53294	8/3/12	Calavera	Karaoke for Kids
53378	9/7/12	Calavera	Pajama Jam

52682	11:25-11:55am	Sa	Jul 28-Aug 25	5c	\$25/\$35
52683	4:40-5:10pm	Sa	Jul 28-Aug 25	5c	\$25/\$35
52670	9:00-9:30am	M-F	Jul 30-Aug 10	10c	\$50/\$70
52909	10:10-10:40am	M-F	Jul 30-Aug 10	10c	\$50/\$70
52671	11:20-11:50am	M-F	Jul 30-Aug 10	10c	\$50/\$70
52910	4:00-4:30pm	M-F	Jul 30-Aug 10	10c	\$50/\$70
52674	5:10-5:40pm	M-F	Jul 30-Aug 10	10c	\$50/\$70
52675	9:00-9:30am	M-F	Aug 13-24	10c	\$50/\$70
52911	10:10-10:40am	M-F	Aug 13-24	10c	\$50/\$70
52676	11:20-11:50am	M-F	Aug 13-24	10c	\$50/\$70
52912	4:00-4:30pm	M-F	Aug 13-24	10c	\$50/\$70
52678	5:10-5:40pm	M-F	Aug 13-24	10c	\$50/\$70

Pre-School Aquatics 3

For children ages 3 to 5 who have mastered all Preschool Aquatics 2 skills. To pass, skills must be performed without support. Skills taught/ completion requirements include: enter water by jumping in; fully submerge and hold breath; bobbing; front, jellyfish and tuck floats; recover from a front or back float or glide to a vertical position; back float and glide; change direction of travel while swimming on front or back; tread water using arm and leg actions; combined arm and leg actions on front and back; tread water using arm and leg actions; use of a life jacket, recognizing lifeguards and sun safety.

Age: 3Y - 5Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
52686	9:35-10:05am	M-F	Jun 18-29	10c	\$50/\$70
52913	11:20-11:50am	M-F	Jun 18-29	10c	\$50/\$70
52687	4:35-5:05pm	M-F	Jun 18-29	10c	\$50/\$70
52699	10:50-11:20am	Sa	Jun 23-Jul 21	5c	\$25/\$35
52954	4:05-04:35pm	Sa	Jun 23-Jul 21	5c	\$25/\$35
52688	9:35-10:05am	M-F	Jul 2-13	9c	\$45/\$65
52701	11:20-11:50am	M-F	Jul 2-13	9c	\$45/\$65
52689	4:35-05:05pm	M-F	Jul 2-13	9c	\$45/\$65
52691	9:35-10:05am	M-F	Jul 16-27	10c	\$50/\$70
52915	11:20-11:50am	M-F	Jul 16-27	10c	\$50/\$70
52692	4:35-5:05pm	M-F	Jul 16-27	10c	\$50/\$70
52700	10:50-11:20am	Sa	Jul 28-Aug 25	5c	\$25/\$35
52953	4:05-04:35pm	Sa	Jul 28-Aug 25	5c	\$25/\$35
52693	9:35-10:05am	M-F	Jul 30-Aug 10	10c	\$50/\$70
52916	11:20-11:50am	M-F	Jul 30-Aug 10	10c	\$50/\$70
52694	4:35-5:05pm	M-F	Jul 30-Aug 10	10c	\$50/\$70
52695	9:35-10:05am	M-F	Aug 13-24	10c	\$50/\$70
52696	11:20-11:50am	M-F	Aug 13-24	10c	\$50/\$70
52698	4:35-5:05pm	M-F	Aug 13-24	10c	\$50/\$70

Safety Training: Aquatics ♥

Guard Start

This program gives youth a jump start to Red Cross Lifeguarding. It builds a foundation of knowledge, attitudes and skills consisting of five categories: Prevention, Fitness, Response, Leadership and Professionalism. Prerequisites include completion of 5th grade and demonstration of the following skills: continuously swim 25m of front crawl stroke, tread water for 1 minute using arms and legs, and submerge and swim 10 feet underwater.

Age: 10Y - 15Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
52228	1:30-4:30pm	M-F	Jul 16-27	10c	\$75/\$85

Provide feedback:
www.carlsbadca.gov/parkandrec
then click > **Provide feedback.**